

## MAILBAG

May 1, 2012 Clover Creek 832-3458 Keystone Mill 832-3113 www.millhillag.com

### **Dairy Recipe**

From Katelyn Hamming, 2011-2012 Blair County Dairy Princess

#### **Cheese Enchiladas**

2 cans (15 oz each) tomato sauce



1 1/3 c. water 2 TBSP chili powder 2 garlic cloves, minced 1 tsp dried oregano ½ tsp ground cumin 16 flour tortillas (8") warmed 4 c. (16 oz) shredded Monterey Jack cheese

2 <sup>1</sup>/<sub>2</sub> c (10 oz) shredded cheddar cheese, divided 2 medium onions, finely chopped <sup>1</sup>/<sub>4</sub> c. minced fresh parsley <sup>1</sup>/<sub>2</sub> tsp salt, <sup>1</sup>/<sub>2</sub> tsp pepper 1 c. (8 oz) sour cream

In a large saucepan, combine the tomato sauce, water, chili powder, garlic, oregano and cumin. Bring to a boil. Reduce heat; simmer, uncovered, for 4-5 minutes or until thickened, stirring occasionally. Spoon 2 TBSP sauce over each tortilla.

In a large bowl, combine the Monterey Jack cheese, 2 c. cheddar cheese, onion, sour cream, parsley, salt and pepper. Place about 1/3 c. down the center of each tortilla. Roll up and place seam side down in 2 greased 13x9x2" baking dishes. Pour remaining sauce over top.

Bake uncovered at 350 degrees for 20 minutes. Sprinkle with remaining cheddar cheese. Bake 4-5 minutes longer or until cheese is melted. Garnish with lettuce, olives and sour cream if desired.

### Milk and Cookies Friday

Please join us at either location on Friday, May 18<sup>th</sup> for milk and cookies!



### Spring Deworming

Why is deworming so important? Parasites challenge the animal's immune system, meaning that it takes longer to finish show and market animals, or to breed stock animals. Plus, the amount of product harvested, such as milk or wool, from affected animals, are lowered. Because parasites are naturally found in most animal's environments, a regular rotation of semi-annual deworming is a beneficial cycle to begin this season! We suggest working with your veterinarian to determine the type of parasites and the proper method to treat them on your farm.

**Safeguard** is a common dewormer approved for pigs, horses and cattle. It is available in a block, pellet, or paste. **Cydectin** is a pour-on product approved for lactating dairy cattle that has the added benefit of fly repellent.

For goats, we offer a liquid and a pellet.

For horses, we offer a variety of pastes to complete your rotation.

Don't forget your dog and cat!

### Memorial Day

Mill Hill will be closed on Monday, May 28<sup>th</sup> in observance of Memorial Day. Thank you to all the men and women and their families who serve us in the military.

# Weed Control Options

What can you do to control the weeds around your home?

First, realize that it is best to treat weeds when they are actively growing, and when the air temperature is 70 degrees.

Second, determine what and where the weeds are. In your yard, use a selective herbicide that kills broadleaf weeds, but doesn't harm the grass. If you have an area such as a sidewalk, where you don't want anything to grow, consider a soil sterilant that won't allow anything to grow for 6 months to a year.

Third, for an alternative to chemicals, consider clearing the vegetation from an area, laying down landscape fabric and then putting mulch on top.

Stop by Mill Hill and we'll help you select the products you need to make your area look great!

